

## Read Carefully

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### Notice (Involuntary Termination of Employment)

#### Election to Continue Coverage Under Nebraska Law (Employers that are not subject to COBRA<sup>1</sup>)

Neb. Rev. Stat. §§ 44-1640 through 1642 (R.R.S. 2004) requires your employer to provide notice that you, as an employee involuntarily terminated<sup>2</sup> for reasons other than misconduct in connection with your employment, may be entitled to continue your health coverage by paying the applicable premium, at 102% of the group's rate<sup>3</sup> (if applicable), on a monthly renewal basis until the earliest of the following dates:

- (1) Six months from the date your coverage would otherwise be terminated;
- (2) The date you become eligible for other group hospital, surgical or medical coverage, or Medicare;
- (3) If premiums are not paid, at the end of the monthly period for which premiums are paid;
- (4) The date of termination of the group contract.

**To elect this coverage, you must return the election form and the first monthly premium**, in the form of a check - alternative forms of payment will not be accepted, **by CERTIFIED MAIL** with return receipt requested to Blue Cross and Blue Shield of Nebraska (BCBSNE), **within 10 days** after the date of receipt of this Notice.

You may decline coverage for yourself while electing coverage for your family members.

By electing coverage, you will receive the bills for your premium at the address you provide on the form. Premiums are billed at 102% of the group's rate (if applicable). The full amount must be paid in order to maintain coverage. Such premiums must be accompanied by your BCBSNE member ID number.

Premiums for each subsequent month shall be paid by the terminated employee without further notice. Payment is due on the first of the month and is delinquent after the 10th day of the month. Payment must be posted to your account to avoid termination of coverage by the contract grace period.

Mail the election form and your first month's premium to:

Blue Cross and Blue Shield of Nebraska  
PO Box 2638  
Omaha, NE 68103

<sup>1</sup> Public Law 99-272 (COBRA) and subsequent amendments and regulations.

<sup>2</sup> The interruption of employment due to labor dispute shall not be considered to be an involuntary termination.

<sup>3</sup> 102% premium rating aligns with regulations concerning COBRA and State Continuation.



**Nebraska State Law -  
Notice and Election to Continue Coverage**  
(Involuntary Termination of Employment) 6-Month Extension

**PLEASE PRINT.**  
 1. Employer - complete sections 1. and 3.(a). Retain a copy and provide original to Employee.  
 2. Employee - review all provisions, sign sections 2. and 3.(b). Retain a copy and return original as indicated below.

Employee should send this form to: Blue Cross and Blue Shield of Nebraska  
 PO Box 2638  
 Omaha, NE 68103

1. Name of Employer		Group Number	
Name of Covered Employee/Subscriber		BCBSNE ID Number (Covered Employee)	
Address of Employee			
Date of Termination	Last Day of Group Coverage	Date Notice is Sent	

**Monthly Premium** (Premium amounts should reflect 102% of your group member premium - if applicable)

Family \$ \_\_\_\_\_ Employee+Spouse \$ \_\_\_\_\_ Employee Only \$ \_\_\_\_\_ Employee+Child(ren) \$ \_\_\_\_\_

**2. Electing Coverage:** In order to continue your group coverage, complete sections 2 and 3(b); date and sign.

**I hereby apply for:**     Family     Employee+Spouse     Employee Only     Employee+Child(ren)

Are you or members of your family covered by any other group health plan?     Yes     No    If yes, please complete the following:

Group Policyholder	Insurance Company and Address	Policy ID # <sup>4</sup>	Contract Status
		Effective Date	<input type="checkbox"/> Family <input type="checkbox"/> Employee-Spouse <input type="checkbox"/> Employee Only <input type="checkbox"/> Employee+Child(ren)

Is there any Medicare (aged or disability) coverage on you or members of your family?     Yes     No

If yes, indicate member name \_\_\_\_\_

Election: I, the undersigned, do elect to continue my insurance coverage with Blue Cross and Blue Shield of Nebraska in accordance with the requirements of Neb. Rev. Stat. §§ 44-1640 through 1645. State Continuation premium statements will be provided by Blue Cross Blue Shield of Nebraska each month for the duration of coverage. ***I understand I must pay future premiums, which will be at 102% of my group's current premium amount (if applicable), without further notice within the month they are due or 31 days from the due date.*** I agree to provide all information necessary to determine whether I am entitled to and have made a valid election of this coverage, and hereby verify that all information provided on this form is true and complete.

**I authorize Blue Cross and Blue Shield of Nebraska to obtain or release medical information to the extent necessary for processing claims for myself and/or my dependents.**

Date \_\_\_\_\_ Employee Signature \_\_\_\_\_

<sup>4</sup> If the elected State Continuation coverage is solely for your family members and you are excluded from coverage, your BCBSNE member ID number will change.

**3. Delivery and Return:**

(a) Employer/Method of Delivery of Notice/Election to Employee:  
 Certified Mail with return receipt requested                      Initials \_\_\_\_\_ Date \_\_\_\_\_

(b) Employee Election/Indicate Method of Return and Date:  
 Certified with return receipt requested to Blue Cross and Blue Shield of Nebraska                      Initials \_\_\_\_\_ Date \_\_\_\_\_

(c) Date received by Blue Cross and Blue Shield of Nebraska \_\_\_\_\_